

| # | Last Name | First Name | Year | School | Position |
|----|-------------|------------|------|--------------------------------|----------|
| 16 | Adler | Chloe | 2022 | Macopin Middle School | Attack |
| 61 | Barbera | Kyra | 2022 | Niskayuna | Midfield |
| 5 | Bardorf | Hailey | 2022 | Felix Festa Middle School | Defense |
| 17 | Behn | Catherine | 2022 | North Rockland | Midfield |
| 7 | Biondollilo | Ava | 2022 | Minisink Valley | Midfield |
| 32 | Blanton | Skyler | 2023 | Warwick | Midfield |
| 48 | Coburn | Gianna | 2022 | Cornwall Central Middle School | Goalie |
| 19 | Conyngham | Isabel | 2022 | Academy of Our Lady | Attack |
| 1 | Giordano | Camille | 2022 | Minisink Valley | Midfield |
| 2 | Golden | Sasha | 2022 | ridgewood | Attack |
| 8 | Gorham | Emily | 2022 | Westwood Jr/Sr High School | Midfield |
| 20 | Kennedy | Laurel | 2022 | Benjamin Franklin, Ridgewood | Attack |
| 21 | Klepper | Sydney | 2022 | Smith school | Attack |
| 10 | Larney | Kiera | 2023 | WARWICK | Midfield |
| 49 | Larsen | Carly | 2022 | Goshen, NY | Goalie |
| 3 | Lawson | Abby | 2022 | Westwood, NJ | Attack |
| 26 | Lephart | Chloe | 2022 | Niskayuna | Defense |
| 22 | Locke | Jaylin | 2022 | Benjamin Franklin | Attack |
| 6 | Malkan | Annie | 2022 | CJ Hooker Middle School | Defense |
| 23 | Mallozzi | Grace | 2022 | Fieldstone Middle School | Midfield |
| 18 | Maloney | Emily | 2023 | felix Festa Middle School | Midfield |
| 24 | Maurer | Irene | 2022 | Fieldstone Middle | Midfield |
| 27 | mckeever | Melanie | 2022 | Pearl River High School | Attack |
| 28 | McLinskey | Grace | 2022 | Pearl River | Attack |
| 4 | McPartlon | Ashlyn | 2022 | Niskayuna | Attack |
| 9 | Myhal | Jenna | 2022 | Suffern high school | Attack |
| 13 | Nadel | Sasha | 2022 | BF Ridgewood NJ | Attack |
| 25 | O'Connor | Ciarstan | 2022 | tappan zee | Attack |
| 30 | Ohnegian | Allison | 2022 | Smith School | Attack |
| 11 | Reed | Abigail | 2022 | Glen Rock HS | Goalie |
| 54 | Sabino | Kendall | 2022 | Pearl River High School | Goalie |
| 15 | Sullivan | Brooke | 2023 | Warwick Valley Middle School | Midfield |
| 31 | Vatel | Heloise | 2022 | Franklin Avenue Middle School | Defense |
| 29 | Walsh | Camryn | 2022 | CJ Hooker | Attack |
| 14 | Watson | Grace | 2022 | Glen Rock Middle School | Defense |
| 12 | Wolfe | Alexa | 2022 | Eisenhower | Attack |
| 33 | Zysman | Ashleigh | 2022 | Waldwick middle school | Attack |